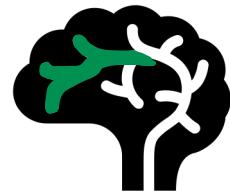


Understanding The Three Mental States

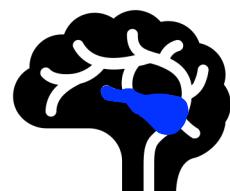
(How to meet anyone where they are)

Executive State



Optimal Learning State
Problem Solving
Creative
Feedback, input

Emotional State



Needs:
Connection, Understanding

Survival (Triggered) State



Needs: Safety

